

Seminar at Home Farm

	Mon, 7/26	Tues, 7/27	Wed, 7/28	Thur, 7/29	Fri, 7/30
7:00 AM	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation
8:00 AM	BKFAST				
9:30 AM to 10:30AM	10:00 AM to 11:30AM	Acupressure Points of the Spine and Body Robert Cozzie	10:00 AM to 11:30AM Releasing Identity	Acupressure Points of the Spine and Body Robert Cozzie	10:00 AM to 11:30AM
10:45 AM to 12:00 AM	Me Myself and I Dennis Reuter	Freeform Dance Eric Schneider	Ending Identity with the Psychic Nature UMA	Freeform Dance Eric Schneider	Disappearing Goats Eric Schneider
12:00 PM	LUNCH				
Pond Dipping	PD 101	PD 102	PD 103	PD 104	PD 105
2:00 PM to 3:00 PM	Evolution and the Psychic Nature UMA	Personal and group projects	Abstraction and The Physics of the Eye Jeremiah Hess	Personal and group projects	Releasing Identity Cosmic Body Evolving Awareness UMA
4:00 PM to 5:00 PM	Personal Time		'Then' and 'There' to Now Steven Anderegg		Personal Time
Dinner					
7:30 PM	Video Breath Work / UMA	Video Breath Work / UMA	Movie Night 7:30 to 9:30	Video Breath Work / UMA	Video Breath Work / UMA
8:00 PM to 8:30 PM	Evening Meditation	Evening Meditation		Evening Meditation	Evening Meditation

Note: All times Pacific Standard Time