

## HOW TO TAKE THE JOURNEY

### Lesson Five – A Therapeutic System for the New Cycle

This lesson is concerned with the problem of individual development and intelligent and conscious help for others for whom and with whom you may have occasion to work. This borders upon the therapeutic system of the School that we have been working out for a long time. We hope that in the near future it will be crystallized, concretized, or a better word, configured, into a definite therapeutic movement and integrated into the program, the curriculum, of the School of the Natural Order. We are rapidly approaching that point where the therapeutic work will be featured as part of the program of our School. Part of this lesson is along that line, but we are painting with a broad brush. The multiplicity of details will have to be filled in later. But we will give you here the basic principles upon which and out of which the therapeutic system of the new cycle is going to be developed in the School of the Natural Order.

The basic structural principle upon which the therapeutic systems of the future will be based is described as three levels of energy by which each and every person is controlled, guided, directed, and motivated. Those three levels of energy form the basis of the therapeutic system to which we in our School subscribe. One of these levels of energy is called the vital dynamism. (But there is no 'lower' or 'higher' to it; those are only relative one to the other.) The vital dynamism is described as the etheric substance in the configurational system. If that term, configurational system, is not familiar to you then substitute, "the physiological organism plus the etheric substance." The vital force of the physiological organism is nothing else except the etheric counterpart or department of the configurational ensemble.

Allow me to refresh your memory as to some of the work that has been given about this. There are two great principles in the whole cosmic process: the Positive Power and the Negative Substance, the polarity of the cosmic-process-as-a-whole. There are many labels for the Positive Power, but fewer labels for the Negative Substance. The Negative Substance we call The Mother, or Mother Aspect, of the whole cosmic process. When we come to labels we can grasp, so as to avoid the reification of words, the Positive Power is called the Power-to-be-conscious. It is within yourself. There is a great Positive Force within each and every one everywhere, a motivating drive force, motivating all efforts of whatever kinds or descriptions.

The efforts of that Power will take a form pertinent to the state of development of a given person, but you will always find a will to do, a hunger to learn, a drive force to succeed or to accomplish, to put over a job or business. It is that drive force that we call the Power-to-be-conscious. But the Power-to-

be-conscious would be completely impotent and could not do anything if it did not have substance to work with and in, a substance that it can handle, mold, and configurate according to the predominant state in which it is conscious. That substance with which the Power operates, works and configures is called the Mother. Other labels that we can handle would include Light, energy, etheric substance, protoplasm, cytoplasm, and living-matter. Where the etheric-protoplasmic-cytoplasmic phases of that substance become crystallized, we have the mineral world, the crystallization process. The study of crystallography is a marvelous study because we see how it geometrizes according to the quality, element, of the substance with which it works. As soon as the crystallization process takes place in the conversion of Light into energy and energy into etheric substance and etheric substance into protoplasm, cytoplasm, living matter, we have the mineral world, the crystallization of the substance. See the two great Principles?

Let us return to the other thought that was introduced. The vital dynamism is the etheric substance operating in the physiological organism. You can call it nerve energy or the energy that anatomically motivates all of the glandular secretions and all of the instinctive functions and all of the automatic functions of the physiological organism. These are all performed by that force called the vital dynamism, which is etheric substance in the overall process. That is the referent for our term vital dynamism.

Here is another way of getting at the understanding of the vital dynamism. You will see one person full of pep, alive and vivacious; then you will see another one devitalized, no energy, can hardly get around. In the latter case the vital force low. What has happened to their vital energy, the vital dynamism? I am going to try to tell you in this lesson, as a basis for therapeutic work and what to do about it.

Before we get to that instruction, let us consider the next level, called the psycho-dynamism in our School. The psycho-dynamism is the dynamic energy by which and with which the psychic nature functions. Divorce your thought from your physiological organism and its vital dynamism. Step 'back' or into another complete organizational process called the psychic nature. The psychic nature can't function unless it has pep and energy, and that energy with which it functions is called psycho-dynamism. It is energy, not etheric substance.

Let us try to get our mental 'teeth' into what we mean by psychic energy. I do not know how much experience you, respectively, might have had with electricity. Engineers who have dealt with it and learned to respect it will get a better grasp of the word energy. But the ordinary person has a more difficult problem to get a mental picture or feel of what we mean by that psycho-dynamism. Use your

imagination and think of a strong electrical current where the atomic structure of that substance called electricity is flowing in one direction. We could remove it one level to the electronic world side and could say that the electrons are flowing in one direction. The flowing of that substance in one direction forms the current of energy. We employ the term psycho-dynamism. It is a very powerful force. It is so powerful that those who have experimented with it and have learned to channel it and direct it have often confused it with a yet higher power of the Mind level.

Here are some things this psycho-dynamism can do. (The authenticity is well established. You can take it on my word) By experimentation in handling and directing the psycho-dynamism, this is what I know and have proved to take place: At a private meeting unknown to the world where we were experimenting with the psycho-dynamism, a woman musician sat down at the piano and improvised. Then we directed the psycho-dynamism to her until it enveloped her, and with that psycho-dynamism, the woman and the piano stool and the piano were levitated, while she was still improvising, and projected upside-down on the ceiling. This was done by the strength of the psycho-dynamism in a little group. Don't you believe a word of it! Wait until you get to a point where you can, with a few selected ones, privately experiment and work with the psycho-dynamism. The power and strength of it is enormous. It sounds incredible. When I read the Bible story of Samson, and of how he pushed the pillars of the temple apart until the whole building collapsed, I knew that he was one who had developed the psycho-dynamism to an inordinate degree. (We can understand similar instances that are in line with what little experience we have had.) That is the force by which and with which the psychic nature functions and can function independently of the physiological organism or of the vital dynamism of the physiological organism.

I have one more level of this terrible energy to mention, and I am not going to try to describe it. How can I describe the Christos Power from Mind level? It cannot be done. I have to say there is a yet greater Power, the Power of the Christ-conscious state, the Power of the Mind level, the Power of the true Individual on Its own level—the Mind level. When a great teacher is alleged to have said, "Let that Mind be in you which was also in Christ Jesus our Lord," he was talking about this greater and higher level. The Christos Power of that level exceeds the psycho-dynamism as the psycho-dynamism exceeds the vital dynamism—the energy with which the physiological organism functions. I stand in awe of what little I know about it and the stupendousness of that Power. If you will read your Bible, "He holds the worlds in the hollow of his hands," you will understand how the Archetypal Gods, who can control and direct that power, create the galaxies, etc., and we get a little intimation of what it means to handle that power! We are nowhere near it, but we stand in adoration and love and respect and fear of it. I use the word fear because the place where the word fear comes in is that we are afraid

to violate it. I am like the old New England seafaring men who walked in fear of the destruction and wrath of God. It is a good wholesome respect for it that amounts to fear, because you would not do anything to cause a reaction on yourself. There is nothing negative in that kind of fear. I want to learn more and more how to intelligently cooperate with it, instead of stupidly, ignorantly, and egotistically violating it and getting the reaction upon myself. That is as near as I can come to a description of that Great Fire. The One who follows John, who baptizes with water, baptizes us with Fire and the Spirit. That is the Power and the Substance of the Mother on Mind level.

I have briefly outlined the three levels of energy which I believe, and to a measurable degree have proved, form the basis of the therapeutic system of the future, or here in the School of the Natural Order, or any other school. Now let us apply what we know about these three levels of energy. Nine times out of ten (and it may go to a greater percentage) when the physiological organism is subject to some maladjustment, sickness, disease, it is due to the disconnection, dissociation of the vital dynamism from the psycho-dynamism. That is, the vital dynamism cannot operate adequately, intelligently, in an orderly manner, unless it is under the control of the psycho-dynamism. What takes place if the connection is not there? The vital dynamism will go haywire. It will develop a cancer cell as fast as it will develop a normal cell; it will develop all sorts of 'things' not in the natural order.

The dissociation, the interference, the blockage between the vital dynamism and the psycho-dynamism constitutes the beginning of unending confusion. Let me illustrate what I mean by that unending confusion. In the large and in the main, the therapeutic practitioners, as well as their patients, are in a state of objective identification. What takes place? What do the objective identifiers do? They study the glandular secretions, study the chemistry of the body, study on and on and on *ad infinitum*, until they work out that a certain gland should secrete certain substances, and other glands secrete other substances, and they are lacking. They may decide that the patient doesn't have vitamin C or B or this or that mineral. The confusion becomes unending. So, if the physiological organism lacks vitamins, or this or that, we can send to the laboratory and get this or that in synthetic form to supply the glandular secretions etc. flowing into the blood stream. But do you know something? Unless the vital dynamism is in connection with its director, the psycho-dynamism, it cannot handle that stuff, those vitamins and minerals, on the grounds that it does not know how to handle them so long as there is frequency interference between the harmonic rhythmic functions of the vital dynamism under the directive force of the well-organized and harmonious psycho-dynamism on the psychic side. So the substituted, artificial, synthetic products do not work. Have you tried it?

In objective identification one will grab this and substitute that, and someone will say, “You don’t eat enough greens; you don’t have enough of this food or that” and go to the food side. Believe me, all the food that you ingest, even though it contains all the elements which the configurational organism requires cannot be handled by it unless there is harmonic rhythm between the psycho-dynamism, as the director, and the vital dynamism that has to do the work. So, I am against going off the deep end on diet. To me that is objective identification—lighting on diet until it becomes a fetish, thinking that if you will eat properly you will be all right. I could go on and on with the crazy (to me crazy) things that are done when there is a dissociation, a frequency interference between the harmonic rhythmic flow and direction of the psycho-dynamism relative to the vital dynamism on the etheric-physiological level.

I believe it would be profitable to dwell with it and to describe some case histories to show how this works. In St. Louis some years ago I had a class in which were seven students who had just returned from Chicago where they had taken a high-pressure course in dietary regime and were full of potassium broth. Every one of those seven who sought an interview with me were in a terrible psychic state and so disturbed with feelings and desires that the psychic disturbance had interfered with the harmonic connection between the vital dynamism and the psycho-dynamism. They were also in a high state of toxemia—and yet full of potassium broth! I ironed out that situation and did not do a thing except hawkshaw around in the emotional world and ferret out the cause of the interferences. You can eat anything you want if you have the harmonic connection between the psycho-dynamism and the vital dynamism. The vital dynamism will take care of the job better than you can. If you get a lot of concepts, they might create a lot of interferences until it is like static on the radio; the program can’t get through. Mentalizing creates static and wears you out too.

Watch this and prove it in your own life. Prove it in the lives of your children and friends. You do not have to take anybody’s word for it. Maintain psychic harmony and peace and a happy, lovely environment. Keep that rhythmic connection between the psycho-dynamism and the vital dynamism. Then eat when you are hungry and whatever you want and watch the difference.

Now conversely, live in inharmony, strained relationships, discord, not speaking to others, nursing revenge or grievances, etc. Watch what happens. Static interferences between the rhythmic, harmonic influences of the psycho-dynamism relative to the vital dynamism occur and the vital dynamism begins to go haywire. You will see the results in your physiological conditions as well as of the conditions of the babies and members of your home. This constitutes the basis of the therapeutic system of the future as we understand it.

Here is another important point. When I have a consultation such as I have had for many, many years, one of the first things I inquire about is rappings. I am going to show you another way static and interference occurs. Establish a rapport. (Rapport means synchronization of your own psychic forces with the psychic forces of another one or others, or even places or environment, the synchronization of your wavelengths and frequencies, your forces, with other forces.) Here comes a person all disturbed, having gas attacks, diarrhea, pounding of the heart, butterflies in the stomach, etc., which means the solar center registering static. Watch those symptoms. First inquire, “Where have you been? Who have you been with? What rapport have you formed? What is the state of the one with whom the rapport was formed? What conditions did you take on during that association or rapport?” If you can harmonize the conditions or break the rapport, or lift the person up onto a higher-level frequency-wise, you can eliminate the difficulty, or iron out a large percentage of the troubles. You don’t have to think about diet or the consideration of glandular secretions, etc., on the objective identification level.

Here are two case studies in my own past work and teaching to illustrate this one point. A woman brought her little, puny baby to me and asked for help. “What can I do? What is the matter with my baby?” My first inquiry concerns the mother’s rappings. After a while you get quite intuitional and you pick up these things pretty fast. In this case it was the home environment. “Are you in love with your husband? Is he in love with you?” etc. “No, no!” Then, “Where can you go on a vacation?” So, she went home to her parents. She harmonized her psycho-dynamism, and the baby immediately began to recover. No dietary regime, no chemistry, no drugs—just getting the baby out of a terrible environment of quarreling, hatred, etc. I told the mother, “You have a sensitive one, a highly developed one, cherish that one.” Sometimes babies will cry and cry because they are being cut to pieces by the disturbing conditions in the home which create interferences between the psycho-dynamism and the vital dynamism in the process of development.

Another case: A representative of a cash register company, a high-powered salesman, had headed the list in the sales department of his company. Then for no apparent reason his sales dropped off. By and by he came to me and said that something was wrong. “I used to be the top salesman and now I am working harder and making fewer sales.” My first inquiry was about rappings. In the course of our interview I found that he had become involved with a low-level spiritualistic medium. He had gotten into it and didn’t know what had happened to him. The destructive force that had entered him was being communicated to his business associates and regular customers. What could he do? “Cut the

rapport and go back home and reestablish a rapport at home” was my advice. This he did, with my help, and soon his sales began to climb again. This shows my first point: consult the rapports.

The next point to consider in the therapeutic system of the future is the possible withdrawal, projection, of the psyche from the physiological organism. Remember that I have said that when the psychodynamism is disconnected or dissociated from the vital dynamism, the vital dynamism cannot intelligently operate. It goes haywire and will create all sorts of ‘things’ called diseases, sickness, etc., even to the point of creating cellular representations that are not true to the natural order of physiological health. Watch this operate: when the psyche, with the psycho-dynamism, withdraws or projects from the ‘physical body’ so that the connection is lost between the psycho-dynamism and the vital dynamism, this separation constitutes an interference with the proper functioning of the vital dynamism on the etheric-physiological level. So, trouble begins. There are a number of things that can cause such projection or withdrawal, and I must put in this comment. There are many degrees of projection. We can make a measuring rod and put on it a graduated scale of ten, twenty, fifty or eighty percent of the psyche and the psycho-dynamism withdrawing from the etheric-physiological. According to the degree of withdrawal will be the same degree of dissociation between the vital dynamism and the psycho-dynamism. The first indication is devitalization, loss of energy, pep, etc. “I am feeling weary, I cannot keep going.” That is the first indication that you are losing the vital dynamism because it is no longer under the direction of the psycho-dynamism. The vital dynamism can be vampired easily by another psyche or by the environment or conditions generally. So, when the vital dynamism does not have the positive, higher control of the psycho-dynamism, it will exude like water in a sieve. When the control of the psycho-dynamism is maintained, one is positive, assertive; he walks firmly and is not disorganized on the physiological level. If this strong grip and directive is interfered with by withdrawal or projection, the beginning of the end is indicated because devitalization can go to such an extent that the organs will collapse because there is not enough vital dynamism to hold them up.

If you are an observer nature, you will notice that bugs will not attack a healthy plant. But let it get sick, diseased, or devitalized and watch the bugs attack the plant. You are the same. Let your vital dynamism go down and all of the ‘bugs’ will attack you. You do not pick up those bugs; you have them. You are full of them all the time. You are generating them because the disease germs represent the end products, the configurational end, of the creative force in the psyche. It is not the germ that is communicated; that influence is communicated. Bugs and germs are off-side thinkings and off-side feelings (meaning off the natural order) and they have representation on the elemental level. The elemental organism is composed of them unless it has been purified. Let the vital dynamism wane and

become weak and the bugs begin to work. So, we have a multiplicity of results in what is called projection or withdrawal.

What causes this projection of the psycho-dynamism and the psyche from the physiological organism? Sometimes it is keen disappointment. You hope and work and build up an ideal and it goes awry. Then you hope and build up another ideal and it does not come through. Just plain discouragement manifests and you will begin to withdraw. Egotism will cause you to withdraw. Here is a classical illustration. Do you remember the story of the fox that jumped after the luscious bunch of grapes? He jumped and jumped and when he finally grew weary of trying he decided they were sour anyway. This illustrates how the psyche will strive for egoic satisfaction, but egotism can't put it over. There is a reason why. One has to connect with the Christos Power, or pretty soon the psyche itself will project and the vital dynamism is left without direction and control. Do not allow discouragement to creep in. When you work, get your reward out of the joy of creative expression in work—period. Do not look for results of your efforts. Get your results in the creative expression of the work. Then you have your reward and all the reward you are ever going to get. You had a lot of fun doing it, didn't you? The moment you cross over and look for results or for somebody to recognize your efforts you are in for disappointments and you will be discouraged. Then the psyche will begin to withdraw.

Very often conditions are so disagreeable and inharmonious that a static interference is created and the psyche can't take it. It is as though your psyche would say, "You can keep your physiological body in this environment if you want to, but I am on my way," and it begins to withdraw. See the objective identification, the private-world cortex operating? One might say, "I am here and have to stay on the job." Mentally you keep the 'body' there in the wave-frequencies that the psyche cannot take any more and it begins to withdraw. When the psyche withdraws, the psycho-dynamism can't maintain that grip on the vital dynamism, and the door is open for a long list of conditions and illnesses.

The therapeutic principles of the future are going to be based on the relationship of the psycho-dynamism to the yet higher Power—The Christos on Mind level.



## “GO INTO THY CLOSET....”

The potential and illimitable source of energy lying dormant within each person may be tapped by sounding out, functionally speaking, an intense desire to get the creative forces flowing more freely into channels of expression. That intense desire becomes the magnetic force between two magnetic poles—field consciousness—and its intensity is in ratio to the energy channeled through desire (the plea sent out). Each must ask from the very heart before he can receive.

You can desire to understand the teachings of the School of the Natural Order to the point where you become representative of it, but until that time, you learn to become amenable to the teaching until you are able to become a sharer with others. You shall be called upon to meet that challenge—imparting your knowledge to others—by the desperate need of those who will be directed to you. In this way you will become a creative worker in the Fraternity which is integrated in the cosmic process.

—Vitvan