

Description of the Psychic World

Lesson 9 – The Purificatory Process

In the lesson this morning we are going to describe what we call the purificatory process – the cleaning out of the three lower vehicles in which we function; the cleaning out of all the accumulated and acquired substances, influences, entities and what-have-you. Those three lower vehicles... One we call the ‘physical body’ in aristotelian language; the non-aristotelian label is the configurational self. Then there is an attenuated matter, substance, called the etheric. And yet more attenuated, finer, higher and so forth, is the psychic nature. These are the three lower vehicles in which the True Self functions even though that True Self, before it is fully awakened and fully Self-conscious, may identify itself with one, or other, or a combination of all the three lower vehicles in which it functions.

Everyone, with no exception, awakens in a state of objective identification – a state of objective identification, believing that the configurational self, the ‘body’ is a ‘thing’, an ‘object’ as it appears to the senses. It is a long, long process, that awakening from the animal state, where the animal has no objective self-consciousness. The animal has a ‘body’ but it does not know that it has a ‘body’. One strives to awaken from that unconsciousness, that instinctive method of functioning; to awaken from that and be conscious, objectively speaking. In that objective state of identification we very often say, like a child, “This (meaning the ‘body’) is me.” That exemplifies the extreme state of what we call objective identification. There is the beginning; we all begin there. Begin how? Begin to be self-conscious. In that state, objective identification, this ‘body’ is me, in that state the psychic nature is unknown. That is why it is labeled the unconscious. The content of the unconscious is unknown, and we would say the substances, and the entities, and the qualities of the psychic nature are unknown in that objective self-conscious state.

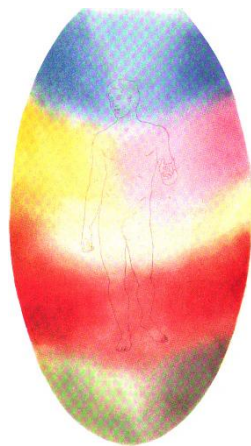
But in due process (because the process goes on) there is nothing static. In due process, there is a gradual recognition that there is something else other than this ‘objective’, ‘physical’ self. And then they (aristotelian-based thinkers) invent a label. Something opposite or other than ‘objective’ and they call that ‘subjective’. One gradually becomes conscious of ‘subjective’ influences and little by little there is a transference of consciousness to what has been called the ‘subjective’. One becomes more conscious of his sensitivities to influences than he is conscious of the functions of the functions of the senses (the seeing, hearing, smelling, tasting, and touching). And they call them “sensitives” or “psychics” or something. But every one of us, irrespective of what we might be called, will become more conscious of our sensitivity to influences – how certain persons affect you, how certain places affect you, how you go to town (Well, we are country folks, you know, we go to town)... We go to town on a

shopping trip and come home all enervated, devitalized, sick and tired, and maybe with a gas attack and one thing and another. We become far more acutely conscious of the influences of a town or a city or places or persons. Now that is an awakening process to the psychic self, the psychic nature. Then during this process you become conscious of the psychic self and your feelings and the influences which motivate feelings, and desirings, and your rapports that you call your love, or your loved one. But you are conscious of the influence that binds you to certain ones and not to certain other ones, or a certain one and not to other ones. You become conscious of that influence. Now during this period of awakening to the functions of the psychic nature, you begin to look for something else that can explain what you are and your relation to the universe, and what is the meaning of this 'thing' called life. What does it mean? In other words, you become an inquirer for the truth and you crave understanding. You begin to crave understanding more than you crave anything else, until everything else that you do, even the ingestion of your food, is just secondary in point of importance to your hunger to know something about it all.

We all go through a period of browsing, reading, inquiring, and "metafizzling." We all go through it. See? Because we are on the inquiry, we are in the quest, and sooner or later we will hit a book, a person, a school that clicks – and you think, "Now I have arrived. This is what I have been looking for all the time!" If that contact is a true representation of higher reaches, higher than the psychic, higher than the World Mother, higher than the genetrix or nature... If that contact which is made is higher than the psychic world, the genetrix and so forth, there will be stirred in you (or in one who makes the contact), there will be stirred a response, an awakening, a quickening. Now that quickening, that stirring, operates in two 'directions' simultaneously (I have to single quote the word 'direction'). Now simultaneously it will operate in two 'directions'. One, it awakens understanding, bringing your forces up to a higher level, to a higher state; and two, it begins to cast out, expurgate, all influences which are not contributory to a higher development. You don't have to wait very long for that to set in after that contact is made, because you will begin to be quickened on a deeper level than your psychic nature. But the influence of that contact or of that quickening extends into the psychic nature. And the moment that that higher wave-frequency, vibration, light, influence, extends into the psychic nature, then everything that does not belong to your own Intrinsic Self has to get out. You go through a purificatory process. Now this is a rather precarious proposition, particularly for a teacher who represents the Real, and the True, and the Light. Now this is a very delicate and sometimes a dangerous situation that develops, because the teacher is blamed for what comes out. Now you must understand the operation. You must understand the operation of the psychic nature.

Now I have two charts here on the board that I'm going to talk about a little bit later, but just now, this portrayal of the psychic nature is not something static. Just imagine that this is swirling and highly dynamic, according to the intensity of the quality; the color on these charts represents the quality, the guna. For instance, the blue represents a state of religious devotion or high devotion (emotional). This pink represents love. The yellow (now this is not a brilliant yellow), the yellow represents the mental, the intellect, intellectual development. Because this yellow is in this position relative to the configuration (the 'body'), we know that the thinking is emotional, emotional thinking, because of the level of it.

You notice on this chart over here, the yellow up here is not in this level relative to the physiological organism, therefore this type of thinking is free from emotions. Like one who could think non-attached, detached, and without being affected by his values or the reaction of the values that he might give. He has no emotional involvement – clear thinking we might call it. Then the scarlet; passion, eroticism, sex, pure unadulterated passion. The gray is fear; the brown is selfishness and avarice. Now this chart here represents a little higher development than the other, by reason of the fact that we have a great deal of mauve, the light violet. The light violet is will, Atma coming in. You see how little of the animal passion is left in this one. But my gracious, the grey, with almost fear of everything, and particularly of his good name and what they will think and what will they say and so forth. The lighter brown of selfishness.



Devotional Type



Intellectual Type

Now however, here's what I started out to say and didn't finish when I directed your attention to these charts. When a quality, a substance, is on the periphery, you are conscious of it. When it is deeply buried within, the substance of the psychic nature is deeply buried within, you are unconscious of it. Or if it is clear out of the psychic nature, you are unconscious of it. There are two ways whereby each

and every one of us becomes acutely conscious of influences, according to the quality of that influence. When something is on the surface coming in, you are extremely conscious of it. When something is deeply buried and coming out and it reaches the periphery, you become acutely conscious of it. Only that which is peripheral in the psychic nature is active in your consciousness. You are very conscious of it.

When one makes contact with a higher influence (and it may be through a teacher), that influence extends down or into the psychic nature, and into all accumulated qualities and entities that cannot be utilized in the building of the new 'body'. (That's the building of the Temple in Masonic lore, the temple not made by hands and without sound of hammer and saw, and so forth.) Now there is a great deal of 'material' that we accumulate as the cyclic process continues, that can be used in the building of the "new man," the new 'body', the building of the temple. But there is a great deal of 'material' that we accumulate in our darkness, in our ignorance, in our not understanding what this is all about. We will accumulate and sometimes cultivate or lend ourselves to qualities and influences that cannot be used in the building of the "new man." Now I have reference to what Apostle Paul said, "The old man must be put off and the new man must be put on" [paraphrasing Ephesians 4: 22-24]. And we go through that; that is a literal and actual thing. However, now here is the point. Through our ignorance, and sometimes stupidity and blindness to what life is all about, we do lend ourselves and sometimes cultivate forces, influences, entities, qualities, and carry them around in our psychic nature until we contact a higher-level influence and enter upon the purificatory process.

Now There is one passage in the scriptures that is applicable to this point more than to any other point. "There is nothing hidden but what will be revealed" "Therefore judge nothing before the time, until the Lord come, who both will bring to light the hidden things of darkness, and will make manifest the counsels of the hearts" [1 Corinthians 4:5]. There is nothing in your consciousness or my consciousness, there is nothing in the psychic nature, no matter how deeply buried, that is not going to be revealed, that is not going to come out on the periphery. Now many live in an intellectual private world, sort of a manifold of values. Intellectually and mentally they will develop a code by which they live or try to live up to, as purely mental and objective, and this just belongs to their private world. Sometimes they will build up a mental code and manifold of values as a defense against the world or outward conditions. It is a defense mechanism. They are trying to protect themselves. The more negative and the more psychic, the more sensitive a person might be, the greater effort he will put forth to develop a mental shield or defense; a defense mechanism against others that might hurt him, or against influences that might get in. That mental and objective way of functioning can be developed to such an extent that one again becomes wholly unconscious of the content of his psychic nature, the content of the unconscious. The more the content of the unconscious (meaning the content

of the psychic nature) is unknown, hidden, the freer play it has in the psychic self. When the cat's away, the mice do play. The more that content of the psyche is ignored the freer become its movements, activities and functions. It is only when the focus of attention is given to them that they begin to shrink away. The moment they are ignored, the more they enjoy their free play. They thrive in darkness, the darkness in the absence of one paying attention to them, or let us say, the light of understanding or the light of focusing attention upon them. In the absence of that focusing attention upon the content of the psychic nature, darkness continues in the psychic side, in the psychic nature. All the accumulated entities and influences will be more active when they are ignored by one mentally busy with the outer world affairs, busy with his job, and busy with your house, busy with the 'things'. There is a psychopathic condition that is developed where one is afraid to relax from objective interests and doesn't want to be caught alone – always busy, always busy, keep something objective going and keep mentally thinking, thinking about objective 'things'. That fear is due to the fact that the content of the psychic nature would come out if there was any opportunity for it to come out, and the person would become conscious of it. There are those who perpetually and eternally must keep on the go, must always keep on the go, and if they are inadvertently caught alone, go to the telephone and telephone someone and have a long conversation. Anything to prevent being alone with yourself. We have had occasion to psychoanalyze globetrotters who are perpetually globetrotting. Going all over the world and perpetually going, going because they dare not relax; they think they dare not relax, because they don't want to face the content of their own psychic nature. They think by keeping mentally, objectively, going, going, going, always going somewhere or doing something, that they can never look at it and then it will go away. But it doesn't go away, it is carried from his childhood. I don't care how old he might live, he will still have it until it is expurgated, until it is brought out on the periphery and cast out.

But there is one thought I didn't finish. The difficulty of the teacher, because sometimes when one whose psychic nature is more or less filled with unseemly 'things', with accumulated forces and entities, and he comes into an influence that precipitates the content of his psychic nature onto the periphery and they become acutely conscious of it, they then think the teacher is to blame for it. See? "I was all right before I went to that place or went to that teacher. I didn't feel anything. I didn't know all of this was in me." ... that everlasting face-saving that Mrs. Jones and so forth. "Everyone is to blame but me. Of course, it couldn't be me. It couldn't possibly be me. I could have never thought of those things. Now look at the state I am in! All these things are going on in me and I have desires I haven't thought of and don't want." And... and... and. So who is the one to blame? "Why, it was that teaching or that teacher or that person that caused all those things to come out in me." (Oh, I made a mistake, I said, "come out in me.") "...that put all those things on me!" "Yeah, he put all those things on me

and I didn't have them before." Now there is the precarious factor (one of the many precarious); to teach the truth and to represent the Light, because you are going to get in bad. Don't you ever think that you are going to be elevated, you know, to a high position because you are just going to get in reverse. And you're going to get it in the neck all the time for representing the truth. But now however, so much for that.

I want to cover two or three vital points now in this process of purification. The first point I want to cover is this. Not long after the contact with a higher-level influence (and I'm going to call the influence from the Mind or the Light's Regions), Not long after that contact is made, and one can do it through meditation and through conscious, conscientious reading and study, one can awaken a contact from what we call the "other side." Do not doubt for a moment that there are high-developed intelligences and angels and Be-ings that we can contact, that are invisible to your physical sense. If one begins to conscientiously study and meditate, it will not be long before his light will shine enough to attract the attention of these watchers on the heights and the guiding or guardian angels. They will be of great assistance to one, particularly if one will appeal to them and ask for help and guidance. You will never be left without it if the asking is genuine and sincere. You will never be cut off without it because there are many of them whose dharma, duty, job, work, is to serve, help develop and lift up out of the darkness those struggling to be emancipated therefrom. So one way or another, the contact is made and it is not long after the contact is made before there comes a separation in the psychic nature. The unexpurgated matter, qualities, entities, that cannot be utilized in the building of the new man, in the building of the temple, all of the unexpurgated matter will settle to the lower half from the midriff down. From the midriff up it will become clarified. Now let me say it this way. During the purificatory period, the upper half of the psychic nature becomes clarified, purified, before the lower half of the psychic nature.

In Egyptian lore, which some of us have studied quite thoroughly, they labeled this division that takes place in the psychic nature, or they divided the psychic nature (symbolically) into two divisions. One they called the north half and the other the south half. So it became a sort of a symbolical form of expression that the north half became clear, but the south half hasn't (as yet) become purified or cleared. The Egyptologists (the aristotelian Egyptologists) to this day have never been able to account for a ceremony that always took place when a new pharaoh was enthroned and established as the recognized leader, the representative of the Sun God. The first act of a new crowned pharaoh was to wage an imitation battle upon a division of Egypt – between the north half of Egypt and the south half. The armies all went out like going to war and an invaded army was organized in the south half. There they fought on the border between the north half and the south, a great sham battle which was

a sort of an objective reminder to all that when they got the north half cleared, they have got to wage a battle on the south half and clear it also.

What is to be cleared out? Accumulation through the years or incarnations or ages; what has been accumulated that cannot be used in the building of the new man – the temple or the new man. This old animal man must go and a new man of Light and peace and love and power must be rebuilt in. You live in that ‘body’ – actual; you don’t die and go to heaven. You have got to work out your heaven, because if you pass out of your lower three vehicles (the psychic, etheric and the physiological organism) before you have purified it and before you’ve rebuilt the temple or put on the new man, you just have to come right back and take up the job precisely where you left off. Just like the carpenters go to work in the building of a new house and it comes quitting time at night, they lay their tools down and go home, go to sleep. See, go to sleep. Wake up, go back on the job, pick up their tools and go right on just at precisely where they left off until the house is built. And there is no truer analogy, because we can go through one incarnation whether we work on the job or not. Generally, it is more unconscious, but in our school we are consciously working on the job of building the new man or the temple. If we can’t get the job done, we lay down our tools – our will and our mental forces and our aspiration and our work on the breath of building our forces up and bringing our forces up from the lower to the higher levels and so forth and so forth – those are our tools. We go to sleep, we infold and we wake up and come back and pick up our tools *precisely* where we left off. The job must go on and on and on until the work is done.

So that generally, the average student, through his studies, his associations, his attendance upon classwork such as this right here this morning, and his meditations and his exercises, will quickly clear the north half. But now, how about the south half? Because he is not satisfied just to clear the north half. He knows that all those animals and the whole repertoire of the menagerie and all his entities and accumulated influences, he knows they all must be expurgated and driven out. So methodologies have been worked out to do it. I am going to give you two methods of working on it. One is to fortify your thought and your clarity of understanding in the north half. Build up a consciousness of force and power. See the mauve, this blue here is devotion, the clear yellow of his higher thinking. Those become assets in the battle where he has to clarify and clear out the south half.

He can fortify himself and build himself up with his mental determination, with his will and with all the sweetness-and-light that he can accumulate. Then by the exercise of his will, drive the forces on out of his vehicles. Drive them out! Drive them out! If you are at all sensitive, you can feel them at various parts of your body until they go down into your legs and down into your feet, and really out. You can feel the progress that you are making. But then when you go to sleep at night, and withdraw from your ‘body’ or infold your consciousness from the objective state, either one – go out of the

'body' and leave the 'body' behind in what is called sleep or infold so that you lapse from the body-consciousness. In either case, you have withdrawn from the consciousness of your vehicle, your 'body'. Now if you are in the purificatory process, you will be alerted if these influences and entities and rapports annoy, harass, or operate on the 'body' while you are out and gone. You will come back quickly in order to be awake and to find out what is going on when you have been absent. You will find, just as you come in (you have to be quick because one comes back to his 'body' consciousness so fast that he has to be very fast and quick). You can catch the very person or entity or influence and its source that is functioning in your 'body' and trying to use your 'body' for a sort of an instrument whereby a secondhand expression could be obtained or something or other. You folks all know what I'm talking about, I hope. You can catch it. Now that shows influences that don't belong to you, because you have taken your own energies and forces out of your 'body' with your psyche. Unless you go out of your 'body' in your psyche, you can't go to sleep. It is impossible. You'd stay awake, even though you can pull your psyche out of your 'body' to a great extent and don't take it all the way out, you find that you can't go to sleep. You are active, mentally active. But when you are all the way out, in your psyche, you have taken your own forces and psychic centers in which your forces operate, you have taken those with you.

So there is nothing that can operate and vibrate and influence the 'body' except other influences for which and with which you have affinity – you have affinity. Now that means to say that the quality of your etheric substance of the construction and texture of the cellular structures of the 'body' take on the influences that have been harbored or cultivated in the psychic nature. It is that influence which the cellular structure and molecular structures acquire and continue to hold in the absence of the psyche that constitutes affinity. No influence can bother you or harass you except that for which you still have affinity. That is fundamental. "The prince of this world" can come unto one in whom there is no affinity and find nothing in him. Yet you may be affected if there is anything in your physiological structure or etheric substance which responds to an influence, a projected one that is still in the physical 'body', or the visitation of an earthbound soul that has been deprived of its 'body', or the evil influences from the lower regions. There are many personifications of these lower influences from the lower regions.

Now any of these forces or entities or influences or persons cannot harass or bother your physical 'body' if you have no affinity for the qualities which they represent. That's a long hard row to hoe to get to that stage where there is no affinity left in your members. It requires a great deal of work to reach that state relative to our general racial level of evolution. These influences are extremely strong, tenacious. Don't underrate them. They have a tremendous amount of power. They pay no attention whatever to good intentions. "Please go away. Please leave me alone. In the name of Christ, in the

name of Christ depart from me.” And so forth and so forth. They just laugh at you and have a good time. They pay no attention to it. You must think of the strength that you can marshal as a weight on a scale and you must think of the strength that they exercise as a weight in the other scale. There is nothing sweet and good (good intentions, you know) about this. It is a matter of the degree of energy opposed against a degree of energy. See? Weights and scales. If you have willpower enough to command the Light and direct it (heavy weight), you will outweigh (you see, you will outweigh) the degree of strength represented by the occupying, obsessional entities.

Now Here is what I have found. There are so few at our level of development who can marshal that degree of will. If you have enough willpower to direct your will to the south half, you can drive them all out. But I must confess that few have that degree of will. There is another method that I think is a better one, because it works magically. That method is this. Do not establish a conflict – your will against opposing force that is going to hold on and hold on and hold on tenaciously. It is like rats that have established nests and you try to drive them out. They are so powerful and so tenacious, you cannot marshal enough strength, willpower, to drive them out. So what? You are in conflict. Your force and will against the tenacity and strength of these entities, ‘things’, influences, and forces you are trying to expurgate, so a tremendous conflict is set up, generally about the south half or the northern border of the south half. Get me? The northern border of the south half. Tremendous conflict.

There is a method whereby we can shortcut the conflict. Don’t establish it. Use no will; now be careful and don’t misunderstand me. Use your will and drive them all out if you have enough will. But after you find out you have exercised yourself to the limit and you have made no impression upon them, they are still there and they are still gnawing on you (eating on you sometimes we say), they are harassing you. You hardly dare go to sleep. They play “ducks and drakes” in and out of your etheric physical self the moment you are off guard. Or you’d be like that person who is afraid to be caught alone, who has got to go-go-go-go-go not to relax and face the content of the unconscious (the content of the psychic nature). You see? Afraid to relax. And afraid of death.

I throw this in parenthetically. One who has purified the psychic nature (both the north half and the south half) never fears death. Never! He is not a bit afraid of passing out in what the aristotelians call death. But the one whose psyche is filled with all sorts of entities and unexpurgated forces is scared to death to what they say ”die.” Because then he is out naked, you know, in no man’s land and he has no defense. The fear of death is commensurate with the content of the psychic nature in the unpurified state.

But now to go back to the point. Marshal all the strength and will you have got and bring it to bear to drive out all the entities in your physical-etheric-psychic nature. You will find out with all that

you can do, you can't touch it. You don't seem to make any influence at all upon them. Then I say – stop the conflict. Stop using what little will you have and resort to this other method. Now this other method is this. Meditate long and earnestly upon Light and Love – Light and Love. Just meditate, just think of it and lift your forces. Try to *feel* Light and Love. Practice meditating until you begin to feel that influence (in your higher levels)– Light, buoyancy, peace and Love. When you begin to think that you have got some of it, some of what? Light and Love. Then direct your thought or attention throughout your organism. As you direct your thought and attention throughout your whole organism, say mentally over and over and over, “Every atom, every molecule, every cell of my ‘body’, of my etheric self, of my psychic nature, is a radiant center of Light-Love.” Now notice hyphenated. You have meditated on Light and Love. We have talked about Love and how it is a cosmic force that flows through us just as soon as we begin to lift ourselves above the animal level. We are flooded with Light and we are flooded with Love. Now I am talking about deliberately meditating upon Light and Love and then directing your thought, your attention, throughout your whole organism – psychic, etheric, and ‘physical’. As you direct your attention throughout, say mentally, over and over and over and over and over, “Every atom, every molecule, every cell is a radiant center of Light-Love.” Ignore the entities. Don't fight anything. You are not fighting now. You know, it is like a person that would stand between the light and the wall and begin to fight. The shadow fights, too. Now in this second method, we are just turning away from the shadows. We are facing the Light and Love and filling ourselves with Light and Love. Then directing that to every atom, molecule, and cell. Don't fight it! No more fight.

Do you know what takes place with this method? Those entities must work in the dark – that means, when you are not paying attention to them. The least attention, the more active they are. This direction of Light-Love and the awakening of Light-Love which is at the heart of every atom, of every molecule, of every cell. See, at the heart of every unit of energy of which the configurations are composed. At the heart is Light and Love. So the Light and Love that you are directing is eliciting awakening the intrinsic nature of Light-Love in every atom, molecule, and cell. You have gone into some kitchens and turned on the light and watched the cockroaches run and find a crack to crawl into. This is what precisely happens.

You have turned the Light on. You have directed the Light to every atom and molecule and cell. What are those entities going to do? *They cannot stand the Light.* There is the whole point.

