

Description of the Psychic World

Lesson 6 - The Golden Lid

Now for the past several Sundays we have been studying the various levels and divisions of the psychic nature of man. We have learned (I hope) that the psychic nature of man or any given man is the realm by which he is motivated. And I qualify that statement by saying – motivated so long as he remains in the human state, the man state. Because the time will come when there is a Second Crossing; we cross over into a higher level labeled the Mind, the lowest level of Light's Regions. When one makes that crossing over, he no longer functions in the psychic world or in the human world, even though he retains his physiological organism and functions in it. His consciousness no longer is limited, circumscribed, and confined to the sense life, life in the senses. Now with that one qualification, this statement will stand and will bear scrutiny, analysis, investigation. This statement will even stand being challenged. The statement is this: the psychic nature is that part or division of the whole man from which and by which he is motivated.

This is difficult to realize when under the domination of the censorship of the cortical/mental influences. Back in Vedic times, now that goes back many, many, many thousands of years BC – the Rig Veda. In the Rig Veda we read this: “The Truth is hidden by a Golden Lid; remove thou that lid.” The Golden Lid which hides Truth is the brilliancy of the intellect. That was our lesson last Sunday, the brilliancy, the worship of brains, the worship of intellectual acumen. And I correlated last Sunday the intellect with science – equated science with intellect, intellect with science – because the highest scientific development is the acme – the highest point of development of the intellect, of the mental, the brilliancy of the mental, is exemplified by our modern mathematical physicists.

Now I am tempted to make some exceptions of those who have the intuitive faculty of Mind sufficiently developed to perceive, and then use the intellect to translate what is perceived. But that is such a rare exception among the scientists that there is no use introducing it as an exception to the rule. The rule is this: that the high mathematical physicists attain mental, intellectual brilliancy as the highest point of achievement in the development of the mental. Notice I keep saying “mental,” not Mind. Because we sharply differentiate between Mind and the mental, the manas, the mental. Mind is that immediacy of Knowing without thinking.

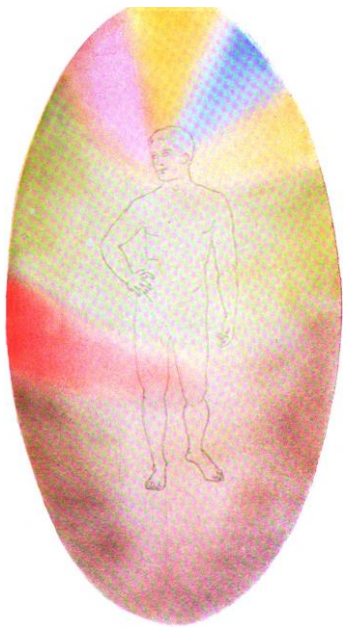
Now thinking can come in to organize methods of description, language, whether it is the language of music, the language of mathematics or ordinary everyday linguistics. See? The mental can come in. When the mental is used as an instrument with which to organize and communicate that which has been

perceived intuitively in Mind, subtle Light substance, then the intellect is one of the most powerful and valuable instruments that we have. But, as a rule, the instrument sets itself up as the leader, as the guide, as the dominating influence in the life of the personality. And when it does, things will sooner or later “go to pot.” It reaches its limitations. It cannot carry on divorced from the supporting Power with which one is conscious, the supporting I AM.

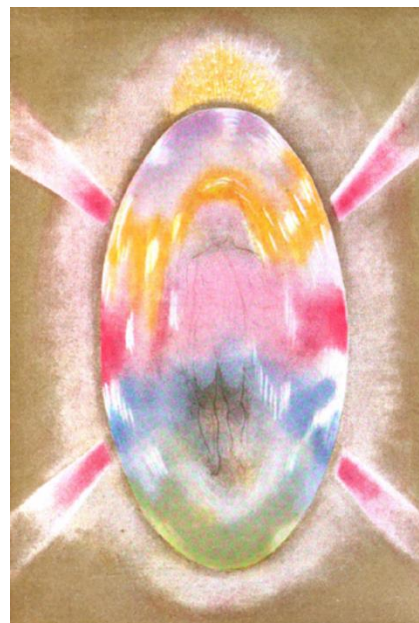
Now last Sunday, I spoke of the rebellion against intellectualism and why there is a rebellion against it. Because its cycle is closing. The cycle of intellectual development began with Aristotle and closed with Albert Einstein. And a new wave, a new force, a new influence, a new outpouring is coming into the consciousness of the race. And intellectualism is on its way out, and it has served its purpose in the evolutionary process.

Now before I describe the method or the methodology whereby the Golden Lid is to be removed, keep in mind the referent for the term, the symbol, Golden Lid: the brilliancy of the intellect, not emotional thinking, lower manas, [but] the higher manas, the brilliancy of the intellect. That’s the Golden Lid. Now before I describe the methodology of removing/lifting the Golden Lid, let us backtrack for a moment as to what is prerequisite, to even the effort to lift, the Golden Lid. Again, we go to the psychic nature.

Over here we have a chart of the psychic nature of the unpurified man. Over here we have a chart of the psychic nature of the complete purified man.



Unpurified Psyche



Purified Psyche

Now handle this word “purified” very carefully. I do not use that term in a moral sense. I use the term as a technician in a laboratory would use the term when he is trying to purify a certain element from all other elements; and all other elements would be impurities that he is trying to filter out and get a pure element. See? I’m using it like a laboratory technician, to purify the psychic nature. It is just like working in a laboratory on a job to purify an element. The element in this case is the psychic nature, that with which we feel, with which we desire, with which we love, with which we think, and so forth. I used to go through an elaborate description to set up (the idea) that we cannot feel, we cannot desire, we cannot love, and we cannot think with the neural physiological organism. I used to have to bring in all sorts of cryptid conditions – hypnotism, anesthetic, a projection, a separation, a dissociation of the psyche from the physiological organism. The physiological organism (remained) all intact, not disturbed. But that which feels, desires, loves and thinks is out. See? It’s separated. And there the neural system and the physiological organism can’t feel and can’t desire. It can’t love and can’t think, because that vehicle, in which those forces operate, is no longer in synchronization and connection with the neurons of the brain and the physiological organism as a whole. But today I don’t waste any time trying to set forth that you cannot feel, desire, love, and think with the ‘physical body’. It can’t be done. You can only act with the ‘physical body.’ That is its beginning and its end – acting, movement, action.

But however, there are many qualities, or we might say degrees of kinds, of feelings, desirings, lovings, thinkings. And we can just mentally and quickly run through a vast range of the quality of feeling, the quality of desiring, the quality in your loving. Because some loving can’t rise much higher than the animal, biological urge. And some loving can rise so high that it is like a marriage in heaven, it is so ineffable and so divine, the quality so pure. And look at all the degrees between – the way you can love or be loved. And so with our thinking. Look at the vast range of qualities between the character, the kinds, the guna in our thoughts and in our thinking.

Now that introduces the purification of the psychic nature. And the purification of the psychic nature is prerequisite. Don’t fool yourself, because you don’t fool anyone else, particularly those who have their eyes open. Don’t kid yourself. There is no way to lift the Golden Lid, or even attempt it, until you have gone through the purification of the psychic nature.

Now little by little you have to exercise the influence – any influence that you can invoke or engender or get ahold of. Exercise influence to cast out of your psyche all the lower demons and imps, earthbound influences, and all these elemental spirits and nature forces and nature’s sprites and mischievous little so-and-sos – and all this obsessional, erotic force that is so prevalent in the race psyche and so lauded and big money is paid for it. The oomph and the “it” and the you know, the cheesecake and, you see, over and

over ad infinitum, until you think you'd just hold your nose and go off somewhere pretty soon. I mean after a few years of it. You see that everlasting emphasis upon the erotic, the sex, the sexual lure, the come-on and on and on. I don't have to tell you folks who are living in this day and age about that, but I just mention it in passing, that it has to be expurgated root and branch out of the psychic nature and all its substance and all its influences and all its lure. See? The lure of it. And there is a diabolical lure to it. *We have to develop a strength superior to its strength.*

Now that was a mouthful. Did you know that was a mouthful? To develop a strength in your members superior to its strength? To where you can not only rise above it and command it and free yourself from its influence, but to expurgate it out of your psyche. But we have to do it. And then that personalization of everything, that egoistic flattery. Little by little we rise. Rise to what? We rise to where we can lift the Golden Lid, to where we can dethrone the censor and stand face to face with all the hidden content of the psyche, that is, the hidden content of the 'unconscious' and let the menagerie parade itself. Trot it out and look at it. It takes a lot of courage and that is why the censorship. Those who lack the courage must keep that censorship and keep all the hidden content of the 'unconscious', the hidden content of the psychic nature, covered and don't look at it. And then mentally you can go through the squirrel cage. You know, mentalizing we call "squirrel caging." You can get in the "squirrel cage" and just spin it. What are you spinning? Alibis, excuses, justifications and face-savings, on and on and on, so that you may appear in your own estimation like you want to appear in the estimation of others. Now just think of the prodigious amount of effort that is put forth to appear well in the estimation of others. Why? So that you may appear well in the estimation of yourself. That is the cleverness, and that is the job of the censor which belongs – the censor – belongs to the Golden Lid, belongs to that brilliancy of the mental.

However it might be, one way or another, we must work on the job of purification of the psyche. Now – a few provisos. Provided you want to tread the path to Light and Truth. If you don't want to tread the path to Light and Truth - all right. Who cares? Take another ten thousand years. Go the slow way of being engulfed and submerged in the psyche until you get so filled up with it that you can't stand yourself any more. When you get to the point that you can't stand yourself anymore, then you begin to get busy and expurgate that which you can't stand anymore and begin to build in that which gives you joy and peace and happiness and light and understanding and higher development.

However, the point is that one way or another, we must work on that job. It is the epic of epics. It goes on within yourself and no one knows anything about it unless you tell them. Because they say, "How are you?" They mean how is your heart and how is your liver and how are your lungs. How is your health? "I am well." "I'm fine." But we should say to each other, "How is the state of your consciousness?"

“How are you getting on in the fight?” “Are you getting the upper hand on all of those million and one hangers-on, all those entities that we have acquired in our stupidity and ignorance?” That’s why we say, “How are you getting on in the fight?” Because it is a fight. It is a real one. That is why we do not subscribe to that sweetness-and-light stuff in the teaching of our School. Because we know sooner or later everyone has to face the content of his ‘unconscious’, the ensemble of his psychic nature. And it is a stiff fight with a short stick. And there is no quarter on either side. You are going to whip them out or you are going to be whipped, and you had better go down fighting and try it again the next time round than to succumb to it and be overwhelmed and engulfed by it. *Provided you want to enter the path and tread the path to Light and Truth!* Now if you do not want to enter the path and tread it to the Light and Truth, very well and good. You are at least honest. And you say, “I’m going to hell in a handbasket and I’ve got lots of company. I’m going to hell in a handbasket and, sure, I’ve got lots of company. Whoopee, the gang’s all here!” See? You are at least honest. But I am talking about putting your feet upon the path and treading the path to Light and Truth and emancipation and understanding and higher development.

Now let us assume that we have cleared our psychic nature of all this cesspool stuff. (I’m in polite society and I have to be careful of my language.) Let us say we have cleaned our psychic nature of all this cesspool stuff and there is nothing in it anymore that can be vibrated. You see, no affinity anymore. The “Prince of this world” can come unto you and can’t find any vibrations in you anymore – no response anymore, on any level. Or you have clarified the psychic nature sufficiently to enter the second phase. The second phase is lifting your creative energies, generative energies, lifting them up step-by-step through the five psychic lamps – the allegorical story of the Virgins who preserved the oil in their lamps. I always like to paraphrase that by saying preserve some of the oil in your lamps. Don’t exhaust it all, so that you have some oil in your lamps left to work with, because it takes that to work. Because if you allow all the oil in your lamps to be dissipated, you don’t have anything to ‘peregrinate’ with (single quote the word “peregrinate’ in that context). You have nothing to function with. You have to have some of it – and the more of it, the better. And then lift that force, center by center, until it breaks through the crown – breaks through.

Now when those two points or those two phases have been accomplished... Now let me just briefly repeat those two. The purification of the psychic nature and the lifting of your own generative force to the crown center and it breaks through the seven streams. Now it breaks through into what? The surrounding pneumatic ovum which will become an Autonomous Field. During the development, during the purificatory period of purifying the psyche and lifting one’s generative forces to the crown, there is no Autonomous Field. “Autonomous” means separate and independent of the psychic world and of the physical world, to use Aristotelian language. There is no Autonomous Field; no one is self-luminous, self-

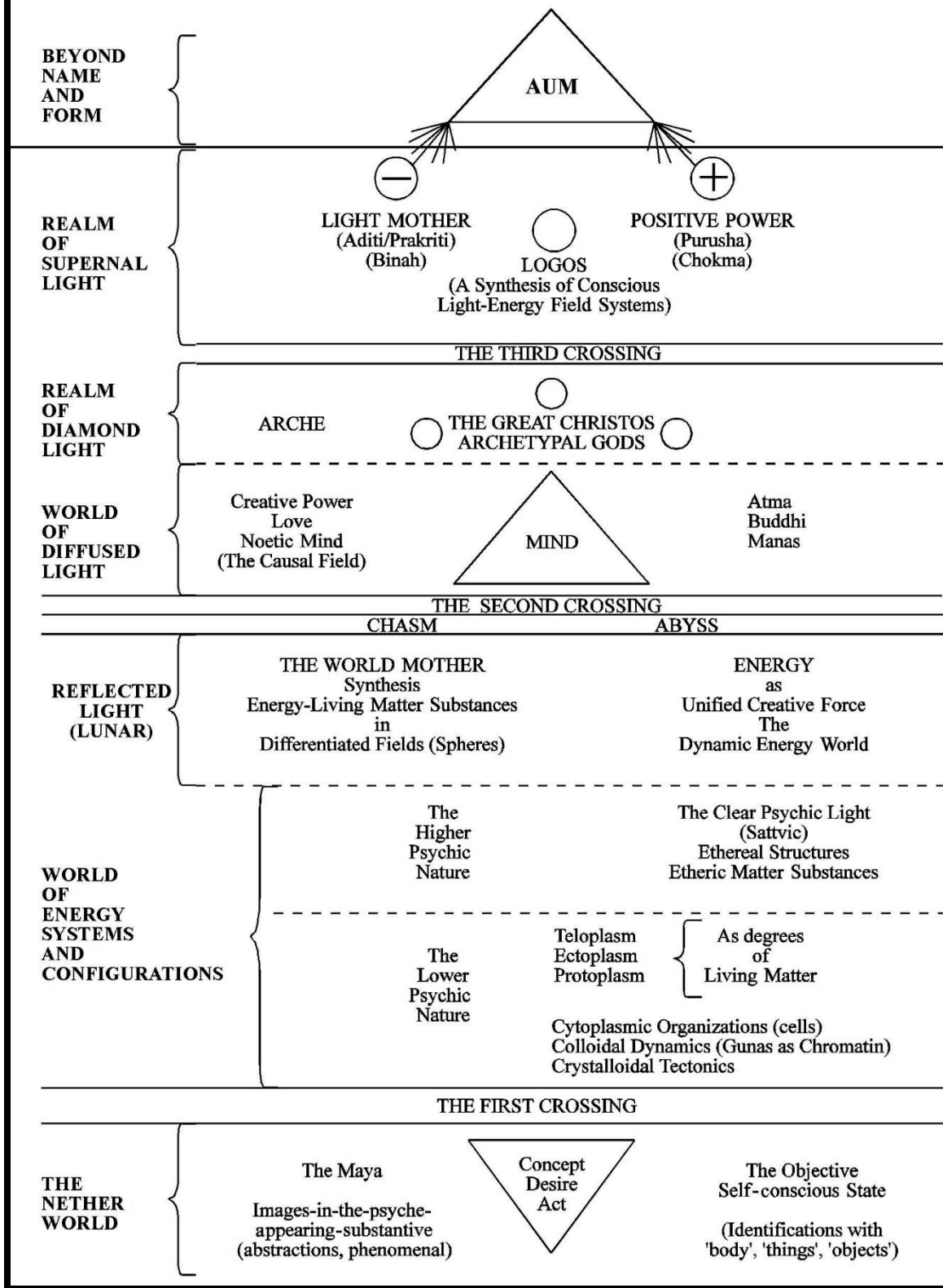
rolling, individualized. Beneath his censorship, he automatically repeats the influences pouring into him from the race psyche, from his points of contacts in the race (meaning other persons), his rapports, his affiliations, etc., etc., etc. He automatically repeats those influences, that is, those frequencies that he has registered. He cannot function autonomously. The censorship cuts all that off and he thinks that he thinks. He appropriates to himself what he feels, what he desires. And he gets very vehement about it – my thought, my this, my that, my feelings, my desires. He thinks that he is doing it. He has no idea.

When I was a little boy, Poppa used to bring home, once in a while, a monkey on a stick. We had little strings down here. We'd pull one string and the monkey runs up the stick; pull another string and the monkey would run down the stick. I never forgot those little toys that my father used to bring home to us children. I have used it to this day. When the censorship cuts us off and we do not know and have no inkling, intimation, of the forces by which we are motivated, we are like a monkey on a stick: pull on the string and the monkey runs up; another string and the monkey runs down. Different rapports, different influences, different contexts of situation – wave-frequency-wise – and then we automatically repeat all that and appropriate it to ourselves, think that we are doing it like the little monkey who thinks he is running up the stick and he is running down. *No one is autonomous in that state where consciousness is limited to the psychic nature.*

It is taking those forces out of the psychic nature and bringing them into the pneumatic ovum and making out of that ovum the Cosmic Egg, a field highly charged and autonomous. Then you are an individual. You have obeyed the injunction, “Come ye therefore out from among them and be ye separate.” See? You have separated your own forces from the contacts, rapports, the race psyche and lifted your own forces through the psychic nature to the Overself, the Real Self, the I AM as the Power with which I am conscious – and developed consciousness on that higher level.

I was very much intrigued by studying Gerald Massey (*Ancient Egypt-The Light of the World*) on the Egyptian method of development, the Egyptian lore and Egyptian hieroglyphic symbolism. In studying Gerald Massey, there is a constant recurrence of one word which I am going to pronounce, Aarru. I do not know whether this pronunciation is right or not, but for the sake of our lesson, I'm going to pronounce it Aarru. I'm free to confess that it took me some time, back and forth, back and forth, over the paragraphs and chapters in Gerald Massey's book on the “Garden of Aarru,” a phrase that he uses over and over. And finally, it dawned. *The Garden of Aarru is not only the purified psyche, but it is the use of the purified psyche as a reflection of Light's Regions.*

The Dynamic Septenary Cosmos



From time immemorial, the symbol water has been used for the psychic world (below the Second Crossing on this chart). Now the symbol water – wherever you run across the symbol water in your scriptures – correlate it, equate it with the psychic nature, the psychic world. This correlation remains until the substance, the matter, in the psyche has been brought to a state of placidity, without a ripple, no emotion, no disturbance – placid. The symbol is used of moonlight on a mountain lake. Have you ever sat by a mountain lake in the moonlight? The slightest ripple will break up the light of the moon into thousands and thousands, countless numbers of broken lights. How placid, how utterly still the mountain lake must be to reflect the full-orbed moon without distortion. Now get that symbol. To bring the psychic nature into such quiescence and stillness that not a ripple distorts the reflection of the higher worlds, Light's Regions, the Mind level particularly.

Now it is this reflection of the higher worlds in the still and calm purified psyche that is called the Garden of Aarru, the Garden of the Gods, we would translate it in English. It is a state in which true reports from subtle and higher worlds can be contacted. Long before one has made the Second Crossing, he can, by the purification of his psychic nature and the lifting of his generative forces to make the contact to the higher levels, he can reflect those higher levels, and understand them, and communicate them. He can, by the purification of his psychic nature, and bringing its matter into a state of quiescence, he can, in that state, contact the visitors from the higher worlds. The true and the only legitimate form of spiritualism that is countenanced and endorsed and subscribed to by those Greater Ones who understand the whole evolutionary process. It is not pulling an entity down to your unpurified state. It is purifying your state so that you can contact the higher beings on higher levels, even the angelic world, which is, relatively speaking, lower than these high intelligences that we have in mind when we speak of the Be-ings in Light's Regions. Now contact can be made with those higher intelligences. You can experience them.

Now here is something I am so loathe to do. It is to interject myself or my personality and I do it as impersonal as it is possible for one to do it. But once in a while I want to stand right out and bear testimony, whether it sounds personal or impersonal or how it sounds to another. I want to stand right out and say, "I know, because I have experienced it. I have experienced definite, conscious, overwhelmingly tangible contacts with higher intelligences. I have listened to their voices talking to me and giving me direction." In all solemnity and all honesty, as I stand on the platform of Truth, I bear witness that this is true. But it is only true when there is a sufficient degree of purification in the psychic nature so that it can remain placid during that contact and that association and hearing the voice of a higher intelligence. If you are emotionally disturbed, they couldn't touch you or contact you or have anything to do with you. They would have to stand aside and wait until you have developed a sufficient degree of quietude, the silence, the stillness wherein the reflection can be accomplished.

Now the most outstanding experience in the purification of the psychic nature is contact with what is called the sound currents. I am free to confess that for years, I have listened to the fine sounds like high and short frequency, like we talk about half-notes, quarter notes, I go on about 32nd notes, 64th notes, go on up. Somebody like that, those intervals in 64^{ths} of clear bell-like ringings that all blend together like a Niagara of sound. It gets so strong at times that you cannot hear through the physical ear. Your loved ones and friends think you are losing your hearing. You can't hear them because it just blocks out objective sounds and cuts them off because they get so strong and so loud at times. This is contact with what is called the sound current. I never knew until just recently that there is an entire system, methodology of development, that is based upon contact with the sound current. Even after the years and years that I have been so familiar with the sound current by experience. I hear it now roaring, bell-like, like millions of fine silvery bells all blended together like a Niagara of sound. That goes on constantly. But I never knew there was a methodology based upon it until recently. And I have discovered that there is a movement in India called the RahdaSoami that is based upon awakening the sound current and then concentrating upon that sound current to the exclusion of everything else. And it will carry you on until the Light's Regions open, or will carry you on until first, before the Light's Regions open and you can consciously function in them, will carry you on to the purification of the psychic nature where the Light's Regions are reflected in your psyche. And you thereby enter, now by just listening to the sound current, the Niagara of silvery sounds that is in, around, circumambient around, the head. You listen to those sounds and listen and listen and listen until that method will develop contact with the Be-ings in Light's Regions. And Be-ings, whether they are incarnate or discarnate, of higher intelligences. It becomes a world of conscious communication on the level of the sound current.

Now I was very much intrigued when I discovered that there is a methodology and I thought I had found out all the methods that had been going on everywhere and here was a new one, developed as many of these methods are developed, in India. This was developed by a Master of Light that broke away from the dominating influence of priestcraft in the Sikh religion and developed the methodology out of awakening and then listening to the sound currents. I was also very much interested (to find) that children can be taught more easily to hear the sound current than adults because their cortical censorship is not sufficiently developed to cut them off from the natural order methods of functioning in the psychic nature and the inner and higher worlds. Children more readily function free from the interference of censorship, mentalization and intellectualism than adults. Children can be taught to hear the sound current and then taught to hold it. You could not use the word concentration to children, but you could use many other terms like "Just listen and just listen and all the time that you can, listen to those sounds." That alone, without any other breathing and austerities and exercises and this and that, you know, that alone will gradually expand and develop the consciousness in the purification of the psychic nature and lifting up the

currents of the psyche, the generative force, the generative currents, lift them up. That alone will lift those currents up. The generative force, that alone will make the contact with Light's Regions. How simple! How unutterably simple!

After we have waded through all of this methodology of yogic posturing and breathing and OM-ing and this and back-breathing and what-have-you. How beautifully simple! Well, since I learned of this system of contacting the sound current and then paying attention to it, focusing your attention on it, I have experimented with it. I know it works. It is a system; it is a method that will work. But however, long before I heard of this system that had been developed in India back in about the mid- to latter part of the 1920s and the early part of the 1930s, it was developed for the first time in India. Now long before I heard of that system, I had worked out a methodology in myself.

To lift the goals and lift (see, I'm coming back now to where we opened) the lifting of the Golden Lid. The stopping of the mentalizing processes and calming them and getting them still. Well, when I went to bed at night I didn't want to just begin mentalizing, squirrel-caging. Because long since, I have proved to myself that there are only two things that can be accomplished after you go to bed and you want to go to sleep and you start mentalizing. There are only two things that can be accomplished. I don't know of any third thing. You'd stay awake and you'd get up exhausted. Those are the only two things that I discovered that result from going to bed and then start mentalizing. You can't go to sleep mentalizing (squirrel-caging we call it). You have accomplished that. And then you wake up in the morning absolutely exhausted and you have accomplished that. But I don't know anything else that can be accomplished by mentalizing after you go to bed. So, I wanted to stop that stuff. I'd go to bed. The object of the journey is to arrive, you know. I'd go to bed and I wanted to go to sleep. When I wake up, I want to get up. I don't care what time of night or day it is. I want to get up. So, to circumvent that interference, mentalizing, and staying awake and wake to get up exhausted, I began to direct my attention to the sound current. As I focused my attention on the sound current, it dropped away; the mental stops. Mental was just cut off, like you cut off the radio. Bing! Turn the switch. Stops. The moment you direct your attention to the sound current, the mentalizing processes can't work. They stop right in their tracks. So, I'd direct the attention to the sound currents and go to sleep, right like a little baby, just go right out, or infold, go out of objective consciousness.

Now I practice that just for only one reason. I want to go to sleep, because I am still Aristotelian enough to think that I have to have some physical rest for the job the next day. If I were a little higher, I wouldn't even think that. But I'm not that far along, so I still think that I have to have some physical rest and I want to go to sleep. So, I direct the attention to the sound current and just hold it. I don't know

where or when it is gone. You see? Try it out; (one goes) out of all objective consciousness. It quiets the mind immediately. Well, out of this – now the only objective I have is to go to sleep. Out of this, I discovered the methodology of lifting the Golden Lid.

Years and years ago, in studying Madame Blavatsky's *Secret Doctrine* where often it is said, to bring the mental (she uses the word mind) into a state of quiescence and in the stillness, listen to the Still Small Voice. Well, I've exercised myself no end (years ago) trying to bring that mental into a state of stillness. The more you try, the more it spins, because with the mental, you try to quiet the mental and the mental then just goes and goes and goes. No control over it at all. I have often wondered (years ago now) I often wondered how in the world is one going to bring that mental process to a state of quiescence to enter the silence – the silence of the mind. I gave up, surrendered. I didn't think it could be done. But now, today, I know it can be done. You can lift the Golden Lid. You can throw it away. Not only lift that brilliancy of the intellect and mentalizing processes, you can lift it and throw them away. You don't need it anymore. How? Listen to the sound current and you bypass the intellect and the intellectualizing and the mentalizing. You have lifted the Golden Lid. And you have entered the silence where there is nothing except the frequency, the high-vibrating, the high level, frequency of that I AM That I Am, that you are listening to. The listening to it will do everything else.

I have another talk on the Garden of the Gods before we can close it. I am closing this talk leaving more unsaid than I have opportunity and time to put in.

