



HERE-NOW
Thoughts from Vitvan
and students of
The School of the Natural Order
December 2016

Everything in the universe... is all here-now in consciousness, awaiting our recognition of it. As we develop our recognition a little, we call that self-development.

On the Nature of Healing by Vitvan

In learning how to deal with light-energy waves and frequencies, one must also learn that they operate like forces within his own centers and on different levels. Through or in the centers (foci of the cosmic forces in the Individualized Field) wide bands or octaves of wave-frequencies operate. In each center, a single wave-frequency of a given band can be differentiated. Relative to us, here is a new world to explore. We know it is ever here-now, but as it opens to view, a vista that is illimitable breaks upon our vision. No one as yet, relative to our present racial state of development, not even the highest developed perceivers or seers, has found its limits. We have reports from those who stand much higher than we do that the highest ones whom they can contact report to them that it is still illimitable. What a world! And at last we have broken into it to explore, to understand, to orient ourselves to it, and finally to take our respective places in the rigorous natural order of Beings which represent its structure and function. I said "rigorous" because there is nothing in that world that likes you or dislikes you. Not one single thing that you have or think you have enters into the equation of your standing. There is nothing you can do that will cause it to turn against you. It is not for you; it is not against you; *it just is*. But what you do or do not do reacts upon you. "You pays your money and takes your choice." "As ye sow, so shall ye reap." And it is possible that you can so effectively cut yourself off from contact with that world that you may never awaken to its supreme beauty.

Treatise on Faith by Vitvan

By reason of the way the psychic nature functions we identify the image/picture with the reality instead of separating the two and living in the reality, here-now. Once we can separate the two, we see this beautiful, marvelous, dynamic world of reality.

Expanding States of Self-Awareness by Vitvan

Christmas, and what the heck does Christmas really mean?

Hi one and all.

Last year I did a rather boring etymological research on the word “Christmas” (Christ – mass) meaning: the atomic and radiant substance, I believe, found at the nuclear heart of every atom throughout the universe. Or as the great Persian mystic, ‘Aṭṭār, said in the 12th century, “Split the heart of the atom and lo, in it thou wilt find a sun.” In short, The Christ – Mass.

Well, this year, 2016 AD, I’m asking myself the question *what does Christmas mean to me?* Or does it really mean anything anymore? When I think of all the crazy and wonderful times I had as a kid, I have to laugh. Our family may have been 180 degrees off, but I loved it anyway. Those were good times, happy times, and I will always hold them dear to my heart. But that was then and this is now.

Now and for the last twenty years or so, I like to think that Christmas (or the *Spirit of Christmas*) isn’t really a day; it’s a way of life. And that way of life is now being lived “... *on earth as it is in heaven*” by Grace. And by that I mean living in a state of remembrance and recognition that God truly is Present as All That Is. Obviously, some days I do better at it than others and *thank God*, I’m actually getting better at it over the years.

May that luminous Peace that passes all understanding be with you today, tomorrow and the day after that and the day after that, etc., etc.

Love, Charles

My Here-Now

I readily acknowledge that what I call “me” is a product of my past in this lifetime and many others. Yes, I acknowledge that what I call “me” in my futures will be a product of my now.

I have come to realize more about the “me” that exists now. I can feel the gunas/qualities built in over many lifetimes. I can sense the impact of previous experiences that have brought me to this earth life. And I can appreciate how those qualities have prepared me for successes and failures, joys and sorrows, in my here-now.

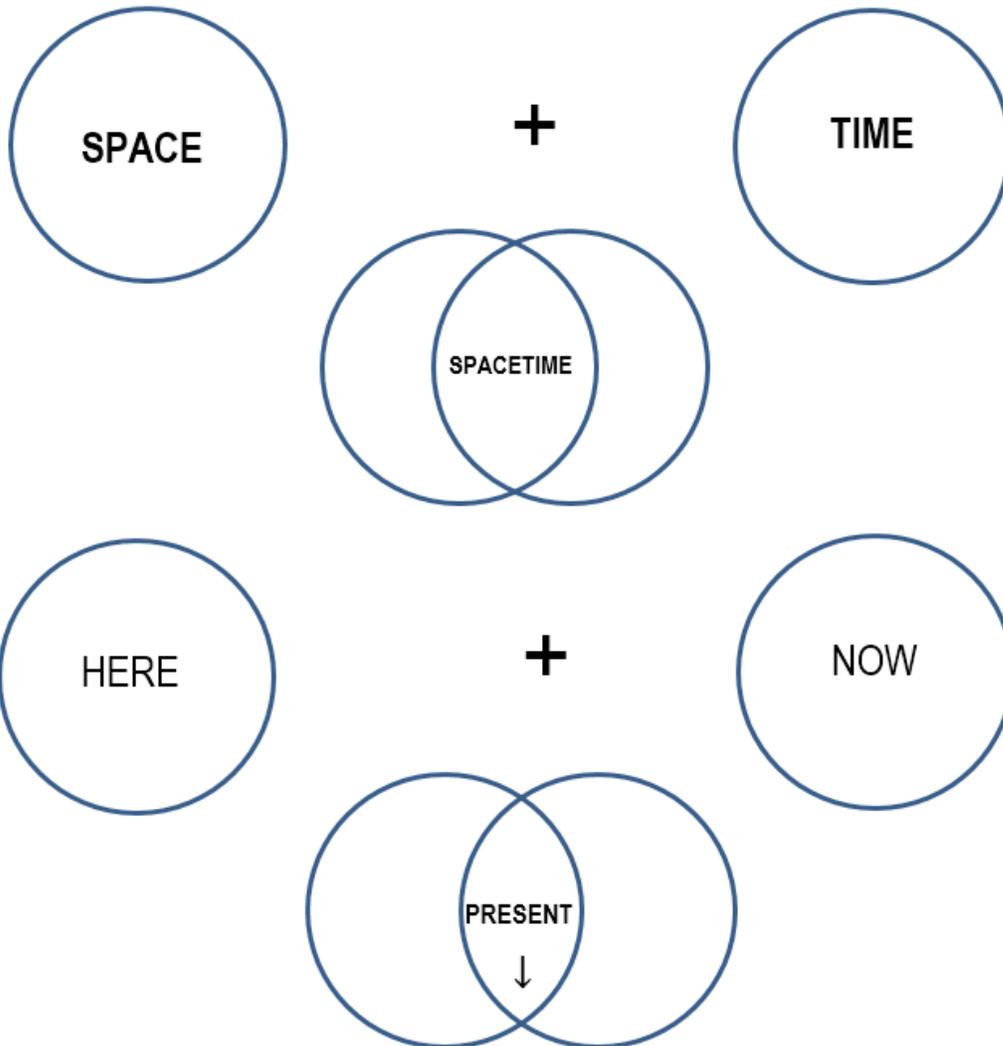
Now I respond. Here I practice. “Here I live each day as it comes.” “Now I live each day as it comes.” This is my here-now. This is my growing Self-awareness.

Lynne Hoffman

Images for Meditation

In his discussions of space and time Vitvan has told us that we cannot live in the future or the past. We live only in the Here-Now. Here are some images to meditate on that I hope will help you with that realization. May you enjoy happy holidays and a wonderful year to come of living in the present.

– Marj Coffman



Being Present

*Children have neither past or future.
They enjoy the present, which very few of us do.*

– Jean de La Bruyère

Last night at dinner – Thanksgiving Eve – we sat around the dining room table as a storm blew and snow filled the sky. My daughter remembered winters past here at Home Farm, more than 20 years ago, when she and her friend Dustin sped on their Flexible Flyer sleds beginning at the Garden Units, down the driveway past the garden and the woodshop, taking a sharp left turn at the road and continuing on down into the field (“You had to be careful when you made that turn. There was a barbed wire fence and you had to time it just right”).

When I visit my father, who will turn 97 next month, he shares with me stories of his childhood growing up along the Delaware River in eastern Pennsylvania—building a ten-hole miniature golf course with his brothers, walking out one winter’s day on the frozen river so far that when he looked down he could see the water rushing under the ice (“I suddenly realized I’d better get back to shore, because that ice was really thin!”), and, one early spring day, hearing a tremendous crashing and booming as the river ice melted and broke up at winter’s end.

I too, have rich and powerful memories of my childhood: long summer evenings playing hide-and-seek with the neighborhood kids as lightning bugs flickered, and creeping down the stairs early in the half-light of a Christmas morning to see what Santa had brought overnight.

Being present and enjoying the moment, so natural when we are children, is more difficult for us as adults. Perhaps we are able to approach this through our work, or our interactions with others, or in quiet moments of reflection or meditation. These moments, free from past or future, renew and rebalance us.

May the coming year offer us many opportunities to be present to others as well as to ourselves.

Susan Wetmore

Christmas Story ~ "Three Wise Men"

By Peter Clarke (As inspired by Vitvan)

Vitvan gave a number of Christmas talks, some of which were fortunately recorded. Perhaps those who are reading this article would know Vitvan strongly suggested that biblical stories are best viewed and understood in the content of 'parables,' not as general 'historical' events.

I'd like to focus on just the particular part of the Christmas Story regarding the "Three Wise Men."

Three Wise Men first find the star and together begin to follow it as it guides them "out of the East" *before* the Christos is actually born. As most of the texts say, "the star went before them." Further, the Three Wise Men are variously described in Biblical editions as: Wise Men, Kings, Magi, and Astrologers.

They embark on a journey, which includes a 'long' period of crossing "the burning sands," typically described as riding on camels or "beasts of burden."

Part of the Three Wise Men's journey includes a detour to visit King Herod, where they ask King Herod for guidance to find the whereabouts of the birth of the Christos. Unbeknownst to them, King Herod secretly intends to kill the Christos at its 'baby' stage of development.

When the Three Wise Men find the Christos, they lay gifts at His feet, surrendering in service to the Christos. Christos is then hidden in Egypt for the purposes of protection, growth and maturity, outside the danger of King Herod's intent.

Vitvan's description of the Three Wise Men (in parable form) represent Thought, Action and Desire. Pondering Vitvan's suggestions of the Three Wise Men as Thought, Action and Desire was revolutionary for me in two ways. It helped me to understand the parable in relationship to the four somatic divisions. And it inspired insights that point me toward what lies ahead on my travels through (and *beyond*) the objective self-conscious state towards the Dynamic Energy World.

Let's first start with *grounding* the suggestion of Thought, Action, and Desire (our Three Wise Men) within in the context of the Four Somatic Divisions, (Air, Earth, Water and Fire, the very fabric of Consciousness). As Vitvan has suggested in other areas, writings and on tape:

Thought ~ Heart Center ~ Air

Action ~ Sexual Center ~ Earth

Desire ~ Solar Center ~ Water

Dynamic Energy World ~ Throat Center & Ajna Center ~ Fire



Most people have available within their conscious awareness: Thought, Action and Desire. This is what we have readily before us at the objective self-conscious state level. In fact, perhaps all we have at this level are our thoughts, actions and desires: "I think." "I do." "I want."

The Christmas Story, including the Three Wise Men, is about growing through (and *beyond*) the objective self-conscious state by orienting to the Dynamic Energy World, the Christos.

These are my general descriptions of the parable.

"Before the Christos is actually born" Thus we can know from the map of the School of the Natural Order that it's the *Power to be Conscious* influence ~ A given person is stirred to study or become a Seeker. Initially using only what we have immediately before us ~ Thought, Action, and Desire. Three men begin their journey thus start to become 'Wise', etc.

"Coming Out of the East" ~ New growing Light ~ The Light of Consciousness dawning, Creating the possibility of a New Day, New Life. Growing Wisdom.

The behaviors of Thought, Action, and Desire when they begin to follow the Star ~ "It Went Before Them" ~ Means to begin to learn how follow the Natural Order and the Natural Order goes before them and leads them into Harmony.

"The Burning Sands" ~ Describes a perhaps 'difficult period' to learn the *How* and *Acceptance* of the Natural Order. And a description of a slow shifting or turning away from previous values held in the context of objective self-consciousness and attitudes of one's 'old' life thus becoming 'Wise'.

'Kings' ~ Singular and sustained attention. With deep Intent.

'Magi' ~ Magicians (Initiates) that begin and can transform 'Lead to Gold'....

'Astrologers' ~ The study of the 'Star' map of 'Awakening'. A Descriptions of the forces and Gunas of the chakra system, etc., as presented and sustained through Gnosis traditions.

'Camels' or "beasts of burden" ~ Sexual and creative forces used throughout, and so necessary to complete journey.

The 'Herod' piece ~ A description of the entrenched power of 'drag-back' and 'its' intent; Maintaining the objective self-conscious state.

Part of the Three Wise Men's journey includes a detour to visit King Herod ~ This indicates a period where Thought, Action and Desire are still polarized and give credence to Self-identity (ego) and are asking for guidance to Awakening!

'Egypt' ~ The slowly awakening Christos ~ Hiding out in everyday consciousness.

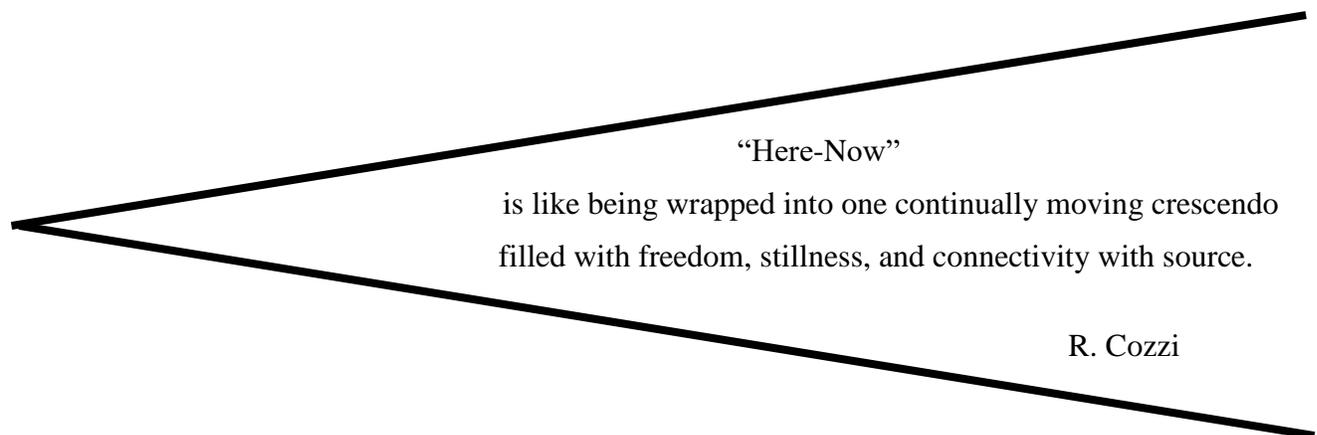
"Laying of the Gifts at the feet of the Christos" ~ Coming into a 'gradual and deepening harmonic alignment' with the Christos in context of Service. Alignment with **Here~Now**.

The Quiet, Mindful Stage

HERE-NOW I am so often content to sit quietly and be happy with myself, just feeling my "is-ness." For so many years I prided myself on using words, learning Vitvan's language to understand my sense of self-awareness and then trying to express some of that with fellow students. Lately I have a song running repeatedly through my head. (I'm quite sure we all do this occasionally.) Eliza Doolittle's lament from *My Fair Lady* "...words, words, words, I'm so sick of words!" Though I am proud of what little I've learned of "Blessed Count Alfred Korzybski's" presentation of general semantics as the precious gift/tool that Vitvan gave us. I just hope I'm moving out of the vocal "...blah-blah about tra-tra..." stage into the quiet, mindful stage – HERE-NOW!

My love and blessings flow to all in our Field called The School of the Natural Order.

Val Taylor



Consciousness

How to cultivate consciousness. That is the transcendent theme of Vitvan's teachings. "The Infinite Spirit is beyond all understanding"... that means he knows we are not going to figure the whole thing out... but that we can become conscious enough to guide ourselves into line with life's overarching forces.

Indeed, the most difficult challenge is to separate yourself from the thoughtlessness around you. Emotions tend to rule thought until the mind grasps the potential in assuming greater control. Then the rest of our lives can be satisfactorily spent honing decisions and actions; how much trouble that causes your incarnation is up to you. Here and now and now and then...

Dan Hathaway



*Look to this day,
For it is Life, the very Life of Life.
In its brief course
Lies all the Truths and Realities of your existence;
The Bliss of Growth,
The Glory of Action,
The Splendor of Achievement.
For yesterday is but a Dream,
And tomorrow is only a Vision,
But Today well-lived makes every yesterday
A Dream of Happiness,
And tomorrow a Vision of Hope.
Look well, therefore, To This Day!*

Sanskrit Prayer



We were fluttering,
wandering.
longing creatures
A thousand, thousand years
Before the Sea
And the Wind in the Forest
Gave us words.

Now how can we express
The Ancient of Days in Us
With only the sounds of our yesterdays?

Kahlil Gibran

Submitted by Laura Rankin