

## *SNO SEMINAR*

*July 29 - Aug 4, 2012*

# **Experiencing the Universe Through the Garden: From Vegetables and Flowers to Inner Wisdom**



We have long time SNO student, Michael Schneider, to thank for the theme of this summer's seminar. Michael teaches Patterns in Nature courses in the Bay area and has written two volumes on the topic. He spent several weeks at Home Farm last summer while working on a video series and was very impressed with our revitalized community gardens. When he suggested a summer seminar using the gardens as teaching tools for demonstrating universal patterns and dynamic energy processes, we knew we had our central focus.

While many people do not feel attuned to gardening per se, it is hard to deny the esoteric meanings that can be found in the natural world. In a sense, we all are gardeners on some level. If we do not actually dig in the dirt and raise plants, we are constantly tending our "inner" gardens. We plant seeds for thoughts, ideas and feelings. We nurture the seedlings of dreams and aspirations. We weed out old behaviors and habits. We try to stay grounded in the face of adversity. We cultivate new friendships. We harvest the results of our actions, etc.

Vitvan strongly believed that gardening and living in close contact with the natural world provided direct experience of the dynamic energy world. In turn, students could then more easily see themselves as dynamic energy systems. The theoretical principles of General Semantics and the practical tools described in GS were an important supplement to Vitvan's teachings. In our seminar, our "external" gardens will not only serve as a metaphor to demonstrate the universal structure of the configurational world, but as a reminder that we are also dynamic energy systems.

While Michael will be our chief "guide" for the seminar with "Touring the Gardens" and "Fields Within Fields", several local SNO students will host participatory classes in general semantics, soil science, applied science, toning, meditation, and, of course, Vitvan's perspective on the same topics.

Our goal this summer is to offer a lively, experiential, educational week that will prompt new insights and awareness, cultivate an appreciation for the wisdom of nature, and nourish the body and mind. Think of the week as esoteric gardening. Enjoy the gardens and the beautiful, tranquil surroundings. Eat light, healthy food. Participate in classes, visit, spend time tending your "inner" garden!

### **\$475 for all seminar activities including lodging and meals**

Please call or email for room availability and other details.

775-234-7304

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School of the Natural Order

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Scroll down to see our *tentative* schedule, busy, but not exhausting, filled with fun.

Check our website [www.sno.org](http://www.sno.org) for updates.

# Experiencing the Universe Through the Garden: SNO SEMINAR From Vegetables and Flowers to Inner Wisdom July 29 - Aug 3, 2012

Sun-July 29th	PACIFIC TIME	Mon-30th	Tue-31st	Wed-Aug 1st	Thu-2nd	Fri-3rd	Sat-4th
	7:00 AM	Movement & Meditation Marj	Movement & Meditation Marj	Movement & Meditation Marj	Movement & Meditation Marj	Movement & Meditation Marj	
	8:00 AM	BKFAST	BKFAST	BKFAST	BKFAST	BKFAST	BKFAST
8:30 AM BKFAST							
	9:00 AM	Working In the Garden	Working In the Garden	Working In the Garden	Working In the Garden	Working In the Garden	
	10:00 AM	BELL Transition	BELL Transition	BELL Transition	BELL Transition	BELL Transition	
10:30 AM SUNDAY CLASS	10:00 AM	Garden Meditation	Garden Meditation	Garden Meditation	Garden Meditation	Garden Meditation	
	10:30 AM	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	
Vitvan Tape	10:45 AM	Tour of the Gardens  Michael	Cosmology Vitvan Read or listen to excerpted lesson	Tour of the Gardens  Michael	Cosmology Vitvan Read or listen to excerpted lesson	Tour of the Gardens  Michael	
	11:30 AM	BELL Transition	BELL Transition	BELL Transition	BELL Transition	BELL Transition	
	12 Noon	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
12:30 LUNCH							
	1:30 PM	Fields within Fields  Michael	Dynamic World, Dynamic Mind: Practical Tools of General Semantics Jane	Fields within Fields  Michael	Down to Earth Roots to Fruits  Lynne	Fields within Fields  Michael	
	3:00 PM	BELL Transition	BELL Transition	BELL Transition	BELL Transition	BELL Transition	
DINNER	5:30 PM	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Vitvan 201 Lynne	7:00 PM	Soil Science Dan	Soil Science Susan	Toning Together Dan	Soil Science Susan	Synthesis Lynne	
Meditation	8:00 PM	Meditation	Meditation	Meditation	Meditation	Meditation	

People and plants are welcome! We ask that pets stay home.