

RESONANCE

March – April 2012

The Lessons

Non-Image Identification, a series of lessons given by Vitvan in 1960, continues with this issue of *Resonance*. In the third lesson of the series, Vitvan gives us one of his clearest descriptions of the terms “positive” and “negative” and goes on to explain the meaning of “expanding” in the fourth dimension. In the final lesson of the series, Vitvan gives us three steps on how to experience creativity in non-image identification. Enjoy this gem! - *Lynne Hoffman, editor*

SNO SEMINAR

July 29 - Aug 4, 2012

Experiencing the Universe Through the Garden: From Vegetables and Flowers to Inner Wisdom

Our goal this summer is to offer a lively, experiential, educational week that will prompt new insights and awareness, cultivate an appreciation for the wisdom of nature, and nourish the body and mind. Think of the week as esoteric gardening. Enjoy the gardens and the beautiful, tranquil surroundings. Eat light, healthy food. Participate in classes, visit, spend time tending your “inner” garden!

Seminar fee for all activities is \$650
including comfortable lodging and delicious meals.

Check our website www.sno.org for schedule updates.

Please call or email for room availability and other details.

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School of the Natural Order

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AROUND THE PLACE

News of Home Farm, Headquarters of the School of the Natural Order

Like much of the rest of the country, we are ending one of our warmest (and driest) winters in recent memory. Spring is arriving in fits and starts—shirtsleeve weather one day, snow showers the next.

Despite the unsettled weather, the leaf buds on the elm trees are swelling, spring bulbs are blooming brightly in reds and yellows, the lilacs are beginning to leaf out, our apricot trees are in full bloom, and the migratory birds are returning.

Spring's energies are infectious, and we humans respond with increased activity, too.

We have had one extremely well-attended community garden meeting, during which the garden plan as well as the crops to be grown were discussed. Seedlings have already been started up at the 'Coffman nursery.' In the garden, perennials such as rhubarb, hollyhocks, and lavender have begun to sprout, and the garlic patch that was planted last fall is showing healthy shoots of four to six inches.

Several people worked on building a huge new compost pile near the old generator shed. The three truckloads of manure and haylage that Baker Ranches delivered in February were thoroughly mixed with the contents of our old compost pile, combined with plenty of water, and then covered with ag-bag plastic. We have been watching the

internal temperature of the pile climb to around one hundred degrees, and we expect the temperature to top out at around 140 degrees, enough to kill any weed seed and to accomplish the seemingly miraculous transformation from raw materials to "almost soil".

We have turned our attention to some other major spring projects as well.

The meditation center is taking on a new appearance. This make-over was inspired by the gift from two of our students of ten matching chairs. We had a hard time reconciling placing this lovely new furniture in the current meditation center with its dated carpets and chipping paint. So the old rugs were removed, the woodwork painted, new light fixtures installed, and an area rug has been purchased. We are hoping that the redecoration will result in a lovely, comfortable, peaceful room.

The video/TV room in the Main House has also been redesigned. The old videos and shelves were removed, along with some of the older furniture. Then the walls and woodwork were spackled, primed, and painted. What a difference! Now we are putting in easy chairs, tables, and lamps to help the room transition into a relaxing room for reading or watching TV.

A large “dump run” pile is accumulating in one of the carport bays as we continue to clean out everything from long-forgotten cupboards and closets to vacated trailers. We are also setting aside the more sellable items to donate to the Snake Valley Festival fundraiser in June.

Vitvan often referred to the interconnection between our daily activities and spiritual development, and he encouraged us to watch the *quality* of our feelings, desires, and actions as we move through our days. There are many instances each day in which residents engage quietly in activities that serve the School. The compost bucket is emptied, rugs vacuumed, telephones answered, orders filled and mailed, floors washed, toilets and sinks fixed, new computers are set up and old ones repaired...to name just a few.

Vitvan also admonished us to “Dare, Do, and Keep Silent”, and these activities often go unacknowledged. We hope that as you read our bi-monthly “newsletter”, you can look between the lines and see how we are trying to express Vitvan’s teachings every day. As Thich Nhat Hanh wrote, “There is no enlightenment outside of daily life.”

And now, may the Peace and Power of the Infinite Spirit, which passes all understanding, hold us and keep us in the love of the Christed Consciousness, while we are seemingly separated one from another.

Susan Wetmore and Jane Murray

April, 2012

GO GREEN!

We are pleased to see that many of you have requested *Resonance* by email. It is a great way to receive Vitvan’s lessons and news for the School and Home Farm as soon as they are available.

GO GREEN! Send an email to sno@sno.org telling us that you would like to receive *Resonance* and the Vitvan Lessons by email. It’s a win-win situation. Save paper – save postage!

VITVAN Lessons on CDs

We are continuing to convert Vitvan’s taped lessons to .mp3 format.

Which lesson series would you like to have on CDs?

Watch the website for more news about this exciting project.

www.sno.org

The Only Official Site of The School of the Natural Order